

## How does the SweetBeat/Food Effect App detect Food Sensitivities ?

- SweetBeatHRV automates what is known as the “Coca Pulse Test” by Dr. Arthur Coca.  
<http://www.soilandhealth.org/02/0201hyglibcat/020108.co.ca.pdf>. The pulse test is based on the premise that the heart rate increases when one is exposed to allergens, whether it be food or environmental causes.

**IMPORTANT NOTE: SWEETBEATHRV/FoodEffect IS FOR INFORMATION ONLY AND IS NOT A MEDICAL DEVICE. IF YOU HAVE KNOWN ALLERGIES DO NOT EXPOSE YOURSELF TO THESE FOODS OR SUBSTANCES. SEEK ADVICE FROM A DOCTOR IF YOU SUSPECT AN ALLERGY.**