

# Hardware Requirements

- SweetBeatLife requires an iPhone 4S or newer, iPod Touch fifth generation or newer, an iPad 3 or newer with iOS 7.xx or later.
- In addition SweetBeatLife requires a compatible Bluetooth heart rate monitor:
  - Check for supported straps at <http://www.sweetwaterhrv.com/healthsensors.shtml>
  - Numetrex sport shirt/bra monitor: <http://www.numetrex.com>
  - You need the SweetWater SweetBeatLife Health app:
  - SweetBeatLife <http://itunes.apple.com/us/app/id492588712?mt=8>