

Why Can't I Use the Camera for Stress ?

- The stress detection algorithm uses a clinical grade HRV calculation which relies on accurate heart beat information. The camera sensor uses the video camera to measure the changes in the size of your capillaries as the heart pumps the blood through your body. Because the phone video camera runs at a standard 30frames/second, it is unable to capture heart beats with the accuracy required for clinical grade HRV. This is a video standard and does not change phone-to-phone or camera-to-camera.