

What Hardware Do I Need?

- You need an iPhone 4S or newer, iPod touch fifth generation or newer, or an iPad 3 or newer. These devices must be running iOS 7.x or later.
- You need a supported heart rate monitor, like a Bluetooth strap. See our [Health Sensor page](#) to purchase a compatible heart rate monitor.
- You need Magneceutical Health's "HaloBeat" app. **Download it on iTunes!**